

ENHANCE

The Hurlingham Clinic and Spa Magazine Issue 5

The future of beauty

Imagine restoring your facial contours or removing deep lines and wrinkles without surgery! Putting back what time takes out, naturally.



In time your skin loses its full, firm youthful appearance – a result of the natural ageing process. Your skin becomes thinner and can sag, causing wrinkles and deep lines to appear.

Fat tissue which maintains the fullness of your face can also be lost, causing your face to look thin and narrow and making you look older.

A number of choices are available to you when you are deciding on treatment. Standard temporary fillers do not provide long-term reduction of wrinkles and creases, and their results are often short-lived. Permanent implants can remain for many years but cannot accommodate continued changes in appearance that occur with age. **Sculptra** is different.

Sculptra is a volumising agent which reduces deep wrinkles and folds, and replaces the fullness of your face which has been lost to the ageing process. **Sculptra** works by stimulating your own facial collagen production to replenish your skin, providing natural looking results. It works gradually to restore what has been lost and once your treatment plan is complete, clinical trials have shown that these results can last for more than three years.

For more information call **020 7348 6380**

Special offers...

Two anti-ageing treatments to reduce the visible signs of ageing and help prevent further damage.

Combination Facial is a 90 minute facial using a specially selected peel and photo-rejuvenation for truly visible results. Save £50 by booking before the end of March pay only £200 instead of £250.

Try our fabulous preventative DDF Vitamin C facial for £65 and save £20.

Call **020 7348 6380** to book an appointment quoting Enhance.

Offers end 31 March 2007.



Amazing skin savers

When it comes to anti ageing you need all the help you can get to stop ageing in its tracks.

Exposure® Antiox is a new oral antioxidant complex specifically formulated to enhance and maintain skin health, and to protect from the signs of premature tissue ageing.

Exposure® Antiox constitutes a powerful combination of the six most effective antioxidant molecules found in nature to help protect and repair the skin.

Our aesthetic physician, Marc Armangue MD, has chosen this formulation to complement his **Exposure®** dermatological range. The result is advanced skin protection and repair from the inside and the outside.

The new Antiox capsules are available along with the other advanced skincare products in the Exposure range from Hurlingham Clinic & Spa.



Accentuate your eyes only from Obagi

Obagi work with skin care specialists and physicians to offer a range of prescription-strength skin care solutions that can help achieve the skin transforming results that patients want. At the Hurlingham Clinic we have seen amazing results using the **Obagi Nu-Derm System** which accelerates cellular turnover for skin with severe sun damage.

Over the next few months we will be introducing the latest additions to the Obagi range, starting this month with eye products which fill in

the missing piece of the anti-aging puzzle. **Obagi ELASTIderm Day Eye Gel** helps to improve elasticity for firmer, more youthful-looking skin. It can be worn under make-up, provides a visible reduction in the appearance of fine lines and wrinkles and allows for the natural replenishment of elastin and collagen. **Obagi ELASTIderm Night Eye Cream** uses a unique combination of ingredients to rejuvenate your skin at night, when the body naturally repairs itself, to lessen the wrinkles around the eye area and increase skin firmness. Although designed for night use skin moisture can increase using **Obagi ELASTIderm** both day and night.

Next month we will be launching the first and only prescription-strength Vitamin C skin care system, the Obagi-C Rx System and Obagi travel packs.

Does size matter?

Breast augmentation is the second most popular cosmetic surgery procedure and, while many women have an idea of what they would like their ideal breasts to look like, several factors come into play and it is not always simply a case of choosing the right implants. Often straightforward implants are the solution, but breast changes occur at each life stage, which can result in saggy or droopy breasts that may benefit from lifting, with or without implants, and sometimes with reduction.

Breast shape or size doesn't change who a woman is but it often changes how she feels about herself. Breast surgery gives a woman the opportunity to feel beautiful as all times, whereas a bra is only useful when it is being worn.

For more information about all types of breast surgery call **020 73486380**.



The Hurlingham Clinic & Spa a new approach to beauty

Call now for a consultation or to make a booking on **020 7348 6380**

If you would like to receive our monthly email please click here

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