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The Hurlingham Clinic and Spa Magazine

Issue 6

The first
non-surgical

NOSE

reshaping
procedure

SmartLipo

WORKS...

TIGHT tummy

UK's first
lip
implant
patient

Surgical,
non surgical or
BOTH



UK's first lip implant patient



Lucy, three weeks after her procedure.

Lucy, 25, a property entrepreneur from London, is the first female patient in the UK to have the permanent silicone lip implant procedure, PermaLip. Here she shares her experience:

"I went to see Dr Ng at the Hurlingham Clinic about having my lips made fuller with an injection and he told me about PermaLip. I was impressed at how safe the implant was and how easily it could be removed at any time in the future if I wanted.

"I have always been happy with the shape of my lips, but I thought fuller lips would improve them.

"The procedure was a little daunting as you are awake, but it was painless and was over very quickly. I was shocked when I first looked in the mirror, even though I had been told to expect swelling. My lips

looked huge! It took about three days for the swelling to die down and the stitches dissolved after ten days. It has now been three weeks since my operation and I am very happy with the results. My lips look and feel very natural but are now much fuller.

"Some of my friends and family said that my lips look great while others said that if I hadn't told them then they never would have guessed what I have had done. In all the experience has given me full confidence in the Hurlingham and Dr Ng and I will happily go back if in the future I feel I need any further enhancements".

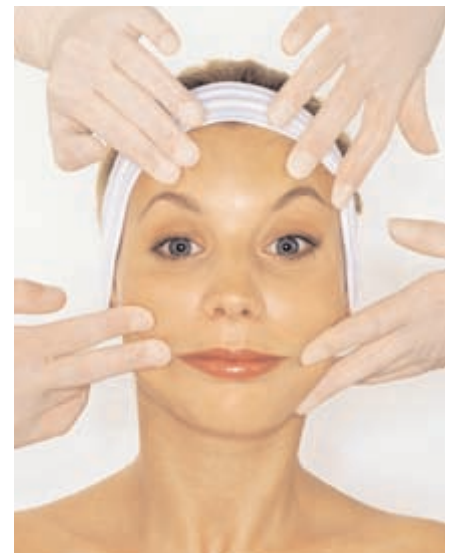
Surgical, non surgical OR both

With so many different procedures, treatments and products on the market it pays to get expert advice and our make-over consultations are free.

We have all seen programmes like Ten Years Younger and thought how nice it would be to talk to someone who could cut through the confusion and explain the different alternatives available to solve all our beauty

concerns. At the Hurlingham Clinic & Spa not only can we offer an impressive array of combined knowledge, we pride ourselves on providing everything you need under one roof. The combination of these two allows us to offer you the help to select the treatment or procedure that is right for you.

Within our team we have specialised nursing staff who offer information and advice at no charge. They will explain the options and steer you to the right consultant, doctor or therapist that can help you. Call **020 7348 6380** to book a free make-over consultation.





The first
non-surgical

NOSE

reshaping procedure

Achieve a perfect profile with no downtime...

Hurlingham Clinic's Aesthetic Doctor, Marc Armangue has perfected a technique for reshaping the nose using injectable fillers.

The nose is the first facial feature other people notice, mainly because it is in the middle of the face and always exposed. People turn to rhinoplasty not only to change their nose but the appearance of their entire face, and rhinoplasty targets a wide array of concerns.

The new technique used by Dr. Armangue makes subtle changes to the most common flaws, like a hump on the bridge, a droopy tip, a short nose bridge or a "saddle dorsum" (concave nose bridge). "It is a realistic alternative which allows patients to see improvements at a fraction of the cost of surgery and without the downtime and bruising", says Dr Armangue. He goes on to explain "a hump can be minimised by adding long lasting filler to the front nasal angle. Botox can also be

used to lift the tip of the nose which may have drooped because of the aging process. Results can last for months or years, delaying or in some cases eliminating the need for surgery."

Marc has specialised in Botox and injectable fillers for over five years and developed a wide range of pioneering new treatments and products. Call **020 7348 6380** for a consultation.

SmartLipo

works...



We recently introduced SmartLipo to our list of procedures and results are fantastic. SmartLipo is a great new way to remove fat and tighten the skin.

This is what patients say: "For years I have been concerned about an area of fat under my chin. After an initial consultation SmartLipo was performed under local anaesthetic and I went back to work the following day. I could see some

results almost immediately but now three months later the fat has completely disappeared and I have a tighter smoother jaw line."

"I am reasonably fit but no matter what I did I still had lumpy thighs. It was a straightforward operation which took under an hour and I am very pleased with the results. My clothes fit smoothly over my newly contoured thighs."

"I had considered Liposuction on my back but was attracted by SmartLipo a more minimally invasive technique and shorter recovery time. I was able to return to sport after a couple of weeks and now my love handles have virtually disappeared."

For a SmartLipo consultation call **020 7348 6380**.

STOP

press...

Look and feel
years younger

World-renowned anti-ageing specialist Dr Claude Chauchard has over 20 years' experience in providing preventative medicine and anti-ageing treatments which have helped thousands of people through his clinics in Europe and Asia. He will soon be holding clinics at the Hurlingham Clinic & Spa. See next month's newsletter for more details and dates.

TIGHT tummy

Transform your
stomach from flab to fab



Are you constantly on a mission to get your tummy taut and toned? Have pregnancy, ageing or weight loss left you with a stubborn lower tummy bulge or loose skin below the navel? If so, a modified tummy tuck focused on the lower abdomen may be the answer. During this procedure – which may be coupled with liposuction – excess fat and skin are removed and abdominal muscles are tightened. This type of tummy tuck is less involved than a full abdominoplasty and has a shorter recovery time. Call for a consultation with one of our surgeons.

welcome back Jimena

Many of our regular clients at the Medispa in Urban Retreat and at our Spa in Fulham will be pleased to know that Jimena has returned from her three-month trip to Columbia and is now working at our main clinic and spa. Please call **020 7348 6380** for appointments with Jimena.



Special offers...

With summer just around the corner it is time to prepare your body for the beach and this month's special offers are designed to do just that.

Revive Cellulite Treatment is an invigorating and effective body treatment for areas affected by cellulite. **£60** normally £75.

DDF Anti Ageing Facial will re-energize the skin at the cellular level and encourage the anti-ageing process. Exfoliation prepares the skin for a dose of antioxidants, minerals and proteins that nourish, tone and brighten more mature skin. **£65** normally £85.

Call **020 7348 6380** to book an appointment quoting Enhance. Offers end 31 May 2007.

The Hurlingham Clinic & Spa a new approach to beauty

Call now for a consultation or to make
a booking on **020 7348 6380**

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