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The Hurlingham Clinic and Spa Magazine

Issue 7

Who would like to look
**10 YEARS
YOUNGER**
in 30 days?

BODY
beautiful

THE POWER OF
OBAGI-C

Amazing
SKIN

The new **CACI**
ULTRA
arrives in June



HURLINGHAM

CLINIC + SPA

Anti-ageing breakthrough...

Who would like to look **10 YEARS YOUNGER** in 30 days?

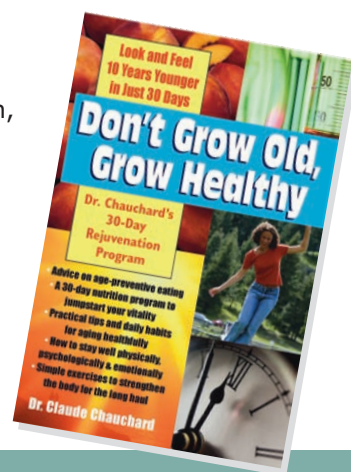
That is the promise of world-renowned, anti-ageing expert Dr Claude Chauchard. Founder of La Clinique de Paris, Dr Chauchard now heads a network of clinics throughout Europe and Asia.



Many of the changes and weaknesses experienced through ageing are simply due to bad nutrition, a multi-deficiency of anti-oxidants, vitamins, hormones, minerals and immune system activity. Once identified and treated with a personalised programme which includes a series of physical checks, specific blood testing, replacement therapy, rebalancing food intake and detoxification, patients see remarkable results even after just one month.

As Dr Chauchard explains: "The genetic code found in the cell's nucleus tells us that man has the potential to live healthily and robustly for more than 120 years." Dr Chauchard has dedicated his professional life to promoting the concept of total ageing management. His approach has been proved to tackle and radically slow down the effects of ageing, including tiredness, slowing of the metabolism, loss of skin elasticity, decrease of heart strength, memory deterioration, weight gain, irregular menstruation and weakening of hair, nails, bone density and muscle mass.

Dr Chauchard's 30-day rejuvenation programme



Based on the principle of preventative medicine and well-established cellular theory, his London clinic will be located at the Hurlingham Clinic & Spa and will provide patients with a total anti-ageing programme.

La Clinique de Paris' patients benefit from looking better and younger, feeling healthier and fitter, noticeable reshaping of the body, improved libido, more energy and a significant reduction in stress levels – with the assurance that they are being treated by some of the most qualified doctors and endocrinologists in the world. Dr Chauchard will be holding the first clinics at the Hurlingham himself.

The first clinics will be held at the Hurlingham Clinic & Spa on 11 and 12 June 07

Call **020 7348 6380**
to book an appointment with
Dr Claude Chauchard

Are worries about your weight affecting your life?

There is a **solution** and we are here to help

There can be few of us that have not tried to lose a few pounds at some time or another, perhaps to look good for a summer holiday or family get together. But for some of us getting weight off and keeping it off seems to be an impossible dream. If you have tried everything and nothing seems to work. Well there is a solution. Feel satisfied after small meals, lose the desire to snack between meals, feel healthier, be healthier and lose those extra pounds for good. This solution is the only proven method of effectively controlling your weight permanently. The solution lies in surgery. With modern Laparoscopic (keyhole) techniques you can be home the day after your operation.

We offer Lap band, gastric bypass and sleeve gastrectomy.

Mr Heath is a highly qualified and experienced surgeon with special interests in laparoscopic, bariatric (weight reduction) and thyroid surgery. He works in the NHS and private sector and consults at the Hurlingham Clinic. He is one of a team of four surgeons, two



specialist nurses, dietitian, physician, psychologist and physiotherapist who will take care of you before, during and after your operation. The cost of surgery is fixed, so if you need to stay an extra day or so be assured that there will be nothing further to pay. The package includes a year's follow up. Our primary concern is your safety and comfort, help and support are available to you 24 hours a day, seven days a week, 365 days per year.

You can book your consultation with Mr Heath at the Hurlingham Clinic & Spa by ringing **020 7348 6380**

The power of **Obagi-C** is now available at the Hurlingham Clinic & Spa



True radiance comes from within. Now, your skin can actually project the same energy and light that you

feel inside. Obagi-C Rx System is the first and only prescription-based vitamin C system of its kind which gives a luminescence to the skin.

It is well documented that vitamin C offers substantial benefits in restricting the skin's accelerated ageing process caused by sunlight, smoking and contaminants... and your skin deserves all the protection it can get. Obagi-C evens tone, reduces fine lines and wrinkles, protects and brightens, leaving your skin radiant.

Call for an appointment with our dermatologist to see how your skin can benefit from this powerful prescription-strength range.

Body beautiful

Enjoy your best summer ever with a little help from the new Ellipse laser at the Hurlingham Clinic & Spa. Intense Light Treatments deliver a light source that works for hair removal, thread vein removal, pigmentation removal, skin rejuvenation and acne treatment.

Whatever your beauty concerns these breakthrough treatments will restore confidence and leave you more time to enjoy life.

Ask for details and book your consultation today.

What is Sclerotherapy?

Sclerotherapy is a treatment that effectively treats stubborn, unsightly veins, usually on the legs. The results are excellent and the procedure is extremely beneficial, with minimal side effects. The veins are injected with a solution called Sclerosing solution with a very fine needle directly into the blood vessel. Most patients can expect a 70-90% improvement in the treated vessels. The fading process is gradual; after several weeks, the blood vessel fades, becoming barely visible before disappearing completely.

Dare to go bare with confidence this summer. Call **020 73486380** for a consultation and zap obstinate spider veins for good.



Amazing skin...



At last a product that nourishes and protects your skin from the inside.

Exposure - Antiox is a new oral antioxidant complex specially formulated to enhance and maintain skin health and to protect the skin from premature ageing. Just one capsule a day will make an amazing difference in the appearance of your skin.

STOP *press...*

The new **CACI Ultra** arrives in June

The latest generation of the world-famous CACI non-surgical face lift system will be launched at the Hurlingham Clinic & Spa in June. It combines award-winning micro current lifting and toning functions with the amazing microlase 'wrinkle comb' which effectively plumps out and softens lines and wrinkles together with an ultrasonic function to enhance absorption of products.

The CACI Ultra is equally effective for hand rejuvenation and treating acne. Results are immediate and dramatic.

Call today for an appointment and join celebrities like Zoe Ball and Barbara Windsor who have regular CACI treatments.

Special offers...

With more skin visible over the coming months these offers ensure you look great from head to toe.

Restorative Anti-Ageing Treatment Facial

Try our fabulous restorative facial and take home a DDF Wrinkle Relax Serum. Containing a combination of two non-toxic anti-ageing peptides which help prevent lines induced by repeated facial movement. The serum also increases the production of collagen and elastin. This one-hour facial delivers fantastic results. **£140** normally £167 including the DDF serum.

Detox Body Booster - Prepare your skin for summer with a full body exfoliation followed by a detoxifying wrap to reduce fluid retention and toxins **£60** normally £75.

Special introductory rates for CACI treatments will be available from mid June please call for details.

Call **020 7348 6380** to book an appointment quoting Enhance. Offers end 31 July 2007.

The Hurlingham Clinic & Spa a new approach to beauty

Call now for a consultation or to make a booking on **020 7348 6380**

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